

SEMESTER I

**DEPARTMENT OF SOCIAL WORK
ALIGARH MUSLIM UNIVERSITY, ALIGARH
MSW I SEMESTER UNDER CBCS**

*Maximum Marks - End-Semester: 70
Duration: 2½ hours*

SWM-1001: SOCIAL WORK PROFESSION: HISTORY AND IDEOLOGIES

Course Objective:

1. Trace the evolution of social work as a profession
2. Develop insights into the ideologies and approaches of social work
3. Understand various principles, values, ethics, roles and strategies
4. Analyze various functions of social work
5. Acquire practical knowledge in the field of social work

Course Outcome: The learner shall be able to:

1. Trace the emergence of social work as a profession
2. Delve into the ideologies and approaches of social work
3. Understand various issues of human rights and social problems
4. Analyze various functions of social work
5. Equip with necessary skills for practicing social work

UNIT-1: INTRODUCTION TO PROFESSIONAL SOCIAL WORK

Professional Social Work: Concepts, Definitions and Units of Social Work Intervention; Attributes of a Profession in Social Work; Social Work Roles and Strategies; Social Work Purpose and Goals; Values and Ethics in Social Work; Principles of Social Work Profession; Functions of Social Work: Remedial, Preventive and Developmental; Methods of Social Work

UNIT- 2: HISTORY OF SOCIAL WORK PROFESSION AND SOCIAL MOVEMENTS

Historical Evolution of Social Work in USA, UK and India; Interface between Professional and Voluntary Social Work: Gandhian Social Work, National Policy on the Voluntary Sector 2007; Indian history of ideologies for Social Change: Hindu Reform Movements, Muslim Reform Movements, Dalit Movements, Adivasi's Movements

UNIT-3: PROFESSIONAL SOCIAL WORK PRACTICE

Social Work and Social Systems; Integrated Approach to Social Work Practice; Human Rights Dimensions and Social Work Profession; Professional Associations of Social Work: International, Regional and National; Emerging trends in Social Work Profession; Areas of Social Work Practice, Models of Professional Social Work Practice

READINGS

Books:

1. A. F. Young & E. T. Ashton. *British Social Work in the Nineteenth Century*. Routledge & Kegan: London, 1967.
2. A.R. Wadia (Editor). *History and Philosophy of Social Work in India*. Allied Publishers, 1968.
3. Betty J. Piccard. *Introduction to Social Work: A Premier*. Dorsey Press: Chicago, 1998.
4. Bradford W. Sheafor, Armando Morales & Malcolm E. Scott. *Social Work: A Profession of Many Faces*. Allyn & Bacon, 2012.
5. Brenda Dubois & Karla K. Miley. *Social Work: An Empowering Profession*. Allyn & Bacon: Boston, 2011.
6. Frederic G. Reamer. *Social Work Values and Ethics*. Columbia University Press, 2006.
7. Malcolm Payne. *Modern Social Work Theory: A Critical Introduction*. Macmillan: London, 1991.
8. Mark Doel. *Social Work: The Basics*. Routledge: N.Y., 2012.
9. Murlu Desai. *Ideologies and Social Work*. Rawat Publications: Jaipur, 2002.
10. NASW. *Encyclopedia of Social Work*. NASW Press and Oxford University Press, 2008.
11. Patricia Higham. *Social Work: Introducing Professional Practice*. SAGE Publications: New Delhi, 2006.
12. Sarat C. Joshi. *Gandhian Social Work*. Akansha Publishing House: New Delhi, 2009.
13. Walter A. Friedlander. *Introduction to Social Welfare*. Prentice Hall Inc: India, 1963.

Journal Articles, Reports and Other Documents:

14. Ernest Greenwood. Attributes of a Profession. *Social Work*, vol. 2, no. 3, pp. 45-55, 1957.
15. Government of India. *National Policy on the Voluntary Sector*. Planning Commission, 2007.
16. NASW. *Code of Ethics of the National Association of Social Workers*. 1996, Revised, 2017.

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SWM-1002: SOCIOLOGY FOR SOCIAL WORK IN INDIA

Course Objective:

1. Understand basic sociological concepts and their relevance in social work
2. Comprehend the role of individual and groups in society
3. Learn about the theories and role of social change and control
4. Acquire insights about social structure of Indian society
5. Develop awareness & understanding about various social problems in India

Course Outcome: The learner shall be able to:

1. Develop understanding about basic sociological concepts
2. Evaluate the impact of social groups and institutions on society
3. Assess the issues of various social groups and communities in India
4. Examine the significance of social change and control
5. Analyze the factors and consequences of the various social problems in Indian society

UNIT-1: BASIC CONCEPTS, AND SOCIAL PROCESSES

Sociology: Meaning and Scope; Relationship with Social Work; Society and Community: Concepts and Importance; Social Structure: Meaning, Status and Roles; Social Groups: Meaning and Types – Primary and Secondary Groups, In-groups and Out-groups, Reference Groups; Socialization: Meaning, Processes and Agents; Culture: Meaning, Traditions, Customs, Values and Norms

UNIT 2: SOCIAL INSTITUTIONS, SOCIAL CHANGE AND SOCIAL CONTROL

Social Institutions: Marriage, Family, Religion and State; Social Change: Meaning, Concept and Characteristics; Factor of Social Change; Theories of Social Change; Social Control: Concept, Types, Social Control exercised through Social Institutions

UNIT 3: INDIAN SOCIETY AND SOCIAL DISORGANISATION

Social Classification in India: Tribal, Rural and Urban; Weaker and Vulnerable Sections and Minority Groups; Social Stratification in India: Meaning, Caste and Class Divisions; Social Problems: Concept and Causative factors of Indian Social Problems

READINGS

1. Ram, Ahuja. *Indian Social System*. Rawat Publication: Jaipur, 1994.
2. MacIver, Page. *Society*. Columbia University Press: Columbia, 1937
3. Davies, Martin (Edited). *The Sociology for Social Work*. Roudledge : New York, 1994.
4. M Haralambos. *Sociological Themes and Perspectives*. Bombay: Oxford University Press, 1983.
5. T.B Bottomore. *Sociology*. Blackie and sons (India) Ltd: New Delhi, 1975.
6. M.N Srinivas. *India: Social Structure*. Hindustan Publishing Corporation: Delhi, 1980.
7. M.N. Srinivas, *India's Villages*. Asia Publishing House, Bombay. 1960.
8. B Kuppaswamy. *Social Change in India*. Vikas Publishing House Pvt. Ltd: Ghaziabad, 1972.
9. G.S Ghurye. *Caste and Race in India*. Mumbai: Popular Prakashan, 2011.
10. Ram Ahuja, *Indian Social System*. Jaipur: Rawat Publication, 1994.
11. G.R Madan. *Indian Social Problems Vol II*. Allied Publishers: Bombay, 1967.
12. George. Ritzer, *Sociological theory*. McGraw-Hill, New York (3rd edition), 1992
13. P.R. DeSouza, (edited) *Contemporary India - Transitions*. Sage, New Delhi, 2000

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SWM-1003: HUMAN GROWTH AND DEVELOPMENT

Course Objective:

1. Understand the pattern of growth and development across human life span
2. Develop insights into various theories of human development - psychosexual, psychosocial, cognitive, behavioral etc.
3. Understanding concept of personality, its determinants and traits, types, behavioral & learning approaches of human personality
4. Develop insights into the abnormal behavior, mental disorders in light of DSM & ICD-10 Classifications and the concept of mental health & hygiene

Course Outcome: The learner shall be able to:

1. Develop the understanding of human development from conception to later life stages
2. Apply theories of human development in social work practice
3. Acquire critical understanding of personality traits & types for solving client's problems
4. Demonstrate the requisite skills for providing services to clients with mental health issues and abnormal behaviors during various stages of life span

UNIT-1: HUMAN DEVELOPMENT

Human Growth and Development: Meaning, Concept and Principles; Determinants of Development: Heredity and Environment, Social Customs, Traditions; Deprivation and Development during Stages of Life Span from Conception to Old Age; Personality: Meaning, Concept and Nature

UNIT-2: THEORIES OF HUMAN/ PERSONALITY DEVELOPMENT

Freud's Psychosexual Theory; Erikson's Psycho Social Theory; Jung's Conceptualization; Piaget's Theory of Cognitive Development; Rogers Self Theory; Trait & Type Theories of Personality; Behaviour and Learning Theories

UNIT-3: ABNORMAL BEHAVIOUR AND MENTAL HEALTH

Concept of Normality and Abnormality; Factors of Personality Disorders: Social, Cultural, Biological and Psychological; Major Mental Disorders in the light of DSM-IV & ICD-10; Mental Hygiene: Meaning, Objective and Scope; Mental Health: Issues and Concerns in India

READINGS

1. Kail, R.V. and Cavanaugh. *Human Development: A Life-Span View*. Cengage Learning, 2012.
2. Hurlock Elizabeth B. *Developmental Psychology*. Tata McGraw-Hill, New Delhi, 1980.
3. Havighurst R. J. *Human Development and Education*. Longmans, New York. 1953.
4. Calvin S. Hall, John B. Campbell. *Theories of Personality*. Wiley Publishers, 1998.
5. Cameron, Norman. *Personality Development and Psychotherapy*. Houghton Mifflin Co: Boston, 1963.
6. Allport, G.W. *Pattern and Growth in Personality*. Holt, Rinehart and Winston: New York, 1961
7. Robert C. Carson, James Neal Butcher, Susan Mineka. *Abnormal Psychology and Modern Life*. Allyn & Bacon, 2000.
8. *International Classification of Diseases 10th Revision*. World Health Organization, 2010.
9. *Diagnostic and Statistical Manual of Mental Disorders: 2000 Revision*. American Psychiatric Association, 2000.
10. Derek Jehu. *Learning theory and Social Work*. Routledge and Kegan Paul, 1975.

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SWM-1004: SOCIAL WORK WITH INDIVIDUALS

Course Objective:

1. Understand case work method and its relevance to social work practice
2. Develop capacity to accept the uniqueness of individuals and groups
3. Insight of various principles, values, ethics, stages and skills of the social case work
4. Learn various therapeutic approaches to social case work
5. Acquire skills of social case work for working as case work practitioner

Course Outcome: The learner shall be able to:

1. Understand the importance of the case work in social work practice
2. Develop capacity to accept the uniqueness of individuals and groups
3. Learn various principles, values, ethics, stages and skills of the social case work
4. Develop ability to establish sustained working relationship with client system
5. Equip with social case work skills in working with clients

UNIT-1: SOCIAL CASE WORK: AN INTRODUCTION

Social Case Work: Meaning, Concept and Objectives; Philosophical Assumptions and Case Work Values; Components in Social Case Work; Principles of Social Case Work, Case Recording: Concept, Purpose, Types and Principles

UNIT-2: SOCIAL CASE WORK: PROCESS, TECHNIQUES & SKILLS

Social Case Work Process: Intake, Study; Assessment; Intervention; Termination and Evaluation; Case Work Relationship: Conceptual Framework; Rapport Building; Basic Communication and Helping Skills; Counselling

UNIT-3: THERAPEUTIC APPROACH TO SOCIAL CASE WORK

Psychoanalytical Theory; Diagnostic School and Psychosocial Theory; Functional School and Functional Approach; Behaviour Modification Approach; Problem Solving Approach; Crisis Intervention Approach; Eclectic Approach

READINGS

1. Zofia, T. Butrym . *The Nature of Social Work*. MacMillan Press: London, 1974.
2. Rex A. Skidmore & Milton G. Thackeray. *Introduction to Social Work*. Prentice Hall: New Jersey, 1974.
3. Felix P. Biestek. *The Case Work Relationship*. Unwin University Books: London, 1987.
4. H.H. Perlman. *Social Case Work: A Problem Solving Process*. University of Chicago Press: Chicago, 1957.
5. F. Turner. *Social Work Treatment*. New Your Press: New York, 1974.
6. Robert W. Roberts & Robert H. Nee. *Theories of Social Case Work*. The University of Chicago Press: Chicago, 1970.
7. *Encyclopaedia of Social Work in India*. Ministry of Welfare Publication Division GOI: New Delhi, 1968.

**DEPARTMENT OF SOCIAL WORK
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(ELECTIVE COURSE-I)**

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SWM-1011: CHILD AND WOMEN DEVELOPMENT

Course Objective:

1. Understand the concept and significance of child and women development
2. Comprehend rights of children in national and international perspectives
3. Examine various approaches to women and development
4. Learn the concept of feminism and major feminist thoughts
5. Analyze various programs and policies for child and women development

Course Outcome: The learner shall be able to:

1. Understand various needs of children and women for their development
2. Identify various rights of children and women in national and international perspectives
3. Understand various approaches to women development
4. Equip with understanding of feminist social work
5. Evaluate various programs and policies for child and women development

UNIT 1: CONTEXTUAL FRAMEWORK OF CHILD

Child Welfare and Development: Concept and Significance; Needs of Children: Psychological, Social and Emotional; Children at Risk: Issues and Challenges; Rights of Child: National and International Perspectives

UNIT 2: WOMEN DEVELOPMENT

Women Empowerment and Development: Concept and Significance, Approaches to Women Development: WID, WAD, GAD; Gender: Meaning and Concept; Feminism: Major Feminist thoughts and Feminist Social Work

UNIT 3: PROGRAMS AND POLICIES

Policies and Programmes for Women Welfare and Development; Policies and Programmes for Child Welfare and Development; Social Work Intervention for Child and Women Welfare and Development

READINGS

1. A. Bajpai. *Child Rights in India: Law Policy and Practice (2nd ed.)*. Oxford University Press : New Delhi, 2003.
2. Geraldine Van Bueren. *The International Law on the Rights of the Children*. Kluwer Law International: The Hague, 1998.
3. J. Freedman. *Feminism*. Open University Press: Buckingham, 2001.
4. Lena Domnelli. *Feminist Social Work Theory and Practice*. Palgrave Macmillan: New York, 2002.
5. M. Seth. *Women and Development: The Indian Experience*. Sage Publications : New Delhi, 2001.
6. R.Haider. *A Perspective in Development: Gender Focus*. The University Press Limited: Dhaka, 2000.
7. Naseem Ahmad Khan. *Empowerment of Women: Problems and Prospects*. V.L. Media Solutions : New Delhi, 2012.

Articles

1. Erica Burman. *Local, Global or Globalized? Child Development and International Child Rights Legislation*. *Childhood: A Global Journal of Child Research*. Vol. 3, Feb, 1996.
2. Srilatha Batliwala. **Taking the Power out of Empowerment – An Experiential Account**. *Development in Practice*. Volume 17, 4-5, 2007.
3. Karen Offen. *Defining Feminism: A comparative Historical Approach*. *Chicago Journal*. Vol. 3, No.1, 1988.

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(ELECTIVE COURSE-II)**

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SWM-1012: POVERTY AND SUSTAINABLE LIVELIHOOD

Course Objective:

1. *Learn about poverty and its dimensions*
2. *Know about Initiatives for Poverty Reduction*
3. *Understand the complex and differentiated processes through which livelihoods are constructed*
4. *Acquaint with the strategies and interventions for livelihood*

Course Outcome: *The learner shall be able to:*

1. *Apply the knowledge of causes and indicators of poverty for poverty alleviation initiatives*
2. *Critically evaluate the poverty reduction programmes*
3. *Analyse the sustainable livelihood approaches*
4. *Evaluate the various programmes for livelihood promotion*

UNIT 1: CONCEPTUAL FRAMEWORK OF POVERTY

Poverty: Basic Concepts; Rural-Urban Poverty: Causes and Current Status; Indicators and Measurement of Poverty; Initiatives for Poverty Reduction

UNIT 2: LIVELIHOOD

Livelihood Conceptual Analysis; Sustainable Livelihood Approaches; Livelihood Assets and Human Capabilities; Potential Areas: Farm based & Nonfarm, art & craft

UNIT 3: STRATEGIES AND INTERVENTIONS

Gender and Livelihood; Microfinance, SHG and Livelihood: Concepts and Case Studies; Entrepreneurship Development; Flagship Programmes for Livelihood: NRLM, NULM, MNREGA

READINGS

1. Amartya Sen (2000). *Development as Freedom*. New Delhi: Oxford University Press.
2. H. Y. Siddiqui (2004). *Social Development in Indian Subcontinent*. Jaipur: Rawat Publications
3. J. Boschee (2001). *The Social Enterprise Sourcebook*. Minneapolis: Northland Institute.
4. Katar Singh (2009). *Rural Development: Principles, Policies and Management (3rd ed)*. New Delhi. Sage Publications
5. Ruth Lister (2004). *Poverty*. Cambridge: Polity Press.
6. Perpetua Katepa (2005) *Sustainable Livelihood Approaches in Operation: A Gender Perspective*, International Associates for Development.
7. Phansalkar, (2003) *Livelihoods: Promoting Livelihood Enhancement*, Mumbai: Sir Dorabji Tata Trust.
8. Vasant Desai (2008). *Small Scale Industries and Entrepreneurship*. New Delhi: Himalaya Publishing House.
9. J. Dreze & Amartya Sen. (1989). *Hunger and Public Action*. Oxford: Oxford University Press
10. Katar Singh (2009). *Rural Development: Principles, Policies and Management (3rd ed)*. New Delhi. Sage Publications