

# *SEMESTER II*

**DEPARTMENT OF SOCIAL WORK  
ALIGARH MUSLIM UNIVERSITY, ALIGARH  
MSW II SEMESTER UNDER CBCS**

*Maximum Marks - End-Semester: 70  
Duration: 2½ hours*

**SWM-2001: SOCIAL GROUP WORK**

**Course Objective:**

1. Understand the importance of group in social work practice
2. Develop insights into social group work as a primary method of social work
3. Gain knowledge about group formation and use of various group approaches
4. Learn various principles, values, ethics and stages of social group work
5. Instill specific skills set for practicing social group work

**Course Outcome:** The learner shall be able to:

1. Understand the importance of group as a unit of social work intervention
2. Develop insights into social group work as a primary method of social work
3. Gain knowledge about stages of group formation
4. Inculcate various principles, values, ethics and skills of group development
5. Equip with knowledge and skills applied by social worker in group settings

**UNIT-1: INTRODUCTION TO SOCIAL GROUP WORK**

Understanding Social Groups: Characteristics, Types and factors influencing group formation; Social Group Work: Concept, Definitions and Importance; Historical Evolution of Social Group Work; Theories of Group Formation; Values in Social Group Work; Principles of Social Group Work; Models of Group Work: Social Goal Model, Remedial Model, Reciprocal Model

**UNIT-2: GROUP PROCESSES AND GROUP DYNAMICS**

Group Dynamics: Communication and Interaction Patterns, Group Cohesion, Social Control, Group Culture; Stages of Group Development; Forming, Storming, Norming, Performing and Adjourning; Evaluation in Social Group Work; Group Leadership and Power; Group Behaviour and Social Attitudes. Techniques of Social Group Work

**UNIT-3: SKILLS AND TECHNIQUES OF SOCIAL GROUP WORK**

Skills of Social Group Work; Program Planning and Program Media; Therapeutic Approach to Social Group Work: Transactional Analysis, Group Therapy, T. Groups, Gestalt Therapy; Group Work Practice in Diverse Settings and Role of Worker: Institutional and Community Setting; Record Writing in Group Work; Scope and limitations of group work practice in India

**READINGS**

**Books:**

1. David Capuzzi, Douglas R. Gross & Mark D. Stauffer. *Introduction To Group Work*. Rawat Publications: Jaipur, 2010.
2. Gisela Konopka. *Social Group Work: A Helping Process*. Prentice Hall: New Jersey, 1963.
3. H. Y. Siddiqui. *Group Work: Theories and Practices*. Rawat Publications: New Delhi, 2008.
4. Harleigh B. Trecker. *Social Group Work: Principles and Practices*. Association Press: New York, 1948.
5. Helen Northern & Roselle Kurland. *Social Work with Groups*. Columbia University Press: New York, 2001.
6. Philip Brownell. *Gestalt Therapy: A Guide to Contemporary Practice*. Springer Publications: New York, 2010.
7. Ronald W. Toseland & Robert F. Rivas. *An Introduction To Group Work Practice*. Pearson: Essex, 2017.
8. Thomas A. Harris. *I'm Ok, You're Ok*. Arrow Books: London, 1995.

**Journal Articles, Reports and Other Documents:**

9. Bruce W. Tuckman. *Developmental Sequence in Small Groups*. Psychological Bulletin. Vol. 63, No. 6, 384-399, 1965.
10. Bruce W. Tuckman & Mary Ann C. Jensen. *Stages of Small-Group Development Revisited*. Group and Organisation Management. Volume: 2 issue: 4, page(s): 419-427, 1977.
11. Catherine P. Papell and Beulah Rothman. *Social Group Work Models: Possession and Heritage*. Journal of Education for Social Work, Vol. 2, No. 2, pp. 66-77, 1966.
12. Urania Glassman & Len Kates. *Techniques of Social Group Work*, Social Work with Groups, 9:1, 9-38, 1986.

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**SWM-2002: COMMUNITY ORGANIZATION, COMMUNITY WORK AND SOCIAL ACTION**

**Course Objective:**

1. Understand the importance of Community work and Social Action as methods of Social Work
2. Learn the process and significance of people's participation in community development
3. Develop understanding of the models of community organization to address issues of the community
4. Analyse the concepts and dimensions of power and empowerment
5. Develop skills of working with communities through community organization and social action

**Course Outcome:** *The learner shall be able to:*

1. Gain insight into the fundamentals of community organisation and social action
2. Establish linkages between micro and macro issues of communities
3. Understand and address various inequalities in resource distribution and utilization and challenge the status-quo
4. Comprehend the functioning of power
5. Instill the skills of working with communities

**UNIT 1: COMMUNITY WORK**

Concept and Relevance of Community in Social Work; Community Work: Definition, Nature, Scope and Objectives; Process of Community Work; Relationship between Community Work, Community Organization and Community Development; Networking and Coordination: Rational, Meaning and Scope; Role of Community Worker

**UNIT 2: COMMUNITY ORGANIZATION**

Community Organization: Definition, Concept, Nature and Scope; Steps in Community Organization: Study, Analysis, Assessment, Organization, Action, Monitoring and Evaluation; Basic Assumptions and Objectives of Community Organization; Principles and Skills of Community Organization; Approaches; Models of Community Organization; Strategies of Community Organization; People's Participation

**UNIT 3: SOCIAL ACTION**

Concept, Objectives and Scope; Evolution of Social Action in India; Social Action, Social Reform and Relationship with other Methods of Social Work; Principles of Social Action; Tactics and Methods of Social Action; Models of Social Action; Intervention of NGOs

**READINGS**

1. H.Y Siddiqui. *Working with Communities*. Hira publications: New Delhi 1997
2. Murray.G. Ross. *Community Organisation*. Harper Press: New York, 1955
3. T.R.Batten.*Communities and their Development*. Oxford Pub: London 1964
4. B.Mukherji. *Community Development in India*. Orient Longman: New delhi 1960
5. Gangrade, K.D. *Community Organisation in India*. Popular prakash: Bombay 1971
6. Brenda Dubois and K.K. Miley. *Social Work-An Empowering Profession*. Allyn & Bacon Pub: Boston 1992
7. H.Y. Siddiqui. *Social Work & Social Action* Har Nam Publication: New Delhi 1984
8. Stephen Pilling. *Rehabilitation and Community Care*. Routledge: London 1991

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**SWM-2003: SOCIAL WORK RESEARCH**

**Course Objective:**

1. *Develop an understanding of scientific approach to human enquiry*
2. *Assess the effectiveness of Social work intervention*
3. *Develop an ability to conceptualize, formulate and conduct simple Research projects*
4. *To enhance the knowledge base of Social Work Research*

**Course Outcome:** *The learner shall be able to:*

1. *Develop understanding for participatory Research methods*
2. *Assess the effectiveness of Social work intervention*
3. *Understand major Research strategies and linkages theory with the practice*
4. *Develop an ability to conceptualize, formulate and conduct simple Research projects*

**UNIT 1: BASICS OF RESEARCH**

Social Work Research- Meaning, Purposes and Scope; Research Process- Qualitative and Quantitative Research; Hypothesis-Meaning, Attributes and Type of Hypotheses; Theory Construction-Meaning, Inductive and Deductive

**UNIT 2: RESEARCH PROCEDURES**

Research Design-Meaning and Importance; Types of Research Design; Strategies used for Research: Survey, Case Studies, Content Analysis, Historical Analysis; Sampling: Meaning, Types and Utility; Sources of Data: Primary and Secondary; Participant Observation; Questionnaire, Schedule and Interview; Scaling

**UNIT 3: PARTICIPATORY RESEARCH**

PRA/PLA: Concept and Historical Development; Social Resource Mapping and Chapati Diagram; Seasonality Diagram and Trend Analysis; Perceptual Mapping

**READINGS**

1. Alston, Margaret and Bowles, Wendy. *Research for Social Workers*. Routledge: London 2003
2. Das, D.K. Lal. *Practice of Social research- Social Work Perspective*. Rawat Publication; Jaipur 2000
3. Goode, W. and Hatt, P. *Methods in Social Research*. McGraw Hill; New York 1962 (Unit, I, II & III)
4. Blaikie, Norman. *Designing Social Research*. Policy Press: Cambridge 2000 (Acc No. 4713) (Unit II)
5. Wilkinson, T.S and Bhandarker, P.L *Methodology and Techniques of Social Research*. Himalaya Publishing House Bombay 1986 (Acc No. 4152) (Unit I, II & III)
6. Young, P.V. *Scientific Social Surveys and Research*. Prentice Hall Inc: Englewoodcliffs 1966
7. Mukheriji, Neela. *Participatory Rural Appraisal: Methodology & Applications*. Concepts Publishing Company: New Delhi 1994 (Unit IV)
8. Elhance, D.N. *Fundamentals of Statistics*. 1956 (Unit V)
9. *Encyclopedia of Social Work in India*. Publication Division GoI. New Delhi 1968 Vol. II Pg 348-352

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**SWM-2004: SOCIAL JUSTICE, HUMAN RIGHTS AND SOCIAL WELFARE IN INDIA**

**Course Objective:**

1. Understand the concept and history of human rights
2. Develop insights into various concerns and issues of human rights
3. Analyze the role of United Nations and National & International Agencies protecting & promoting human rights
4. Learn various schemes, programs and legislations for the promotion and protection of human rights
5. Delve understanding of various mechanisms for the promotion and protection of human rights

**Course Outcome:** The learner shall be able to:

1. Comprehend the concept of human rights
2. Develop understanding of various issues of human rights
3. Assess the role of various human rights agencies protecting and promoting human rights
4. Evaluate various mechanisms for the promotion & protection of human rights
5. Acquire skills for working as human rights practitioner

**UNIT 1: SOCIAL JUSTICE, HUMAN RIGHTS AND CONSTITUTIONAL RIGHTS**

Social Justice: Concepts, Concerns and Issues; Social Injustice and Mandate for Social Justice; Role of Social Worker in Promoting Social Justice; Human Rights and Universal Declaration of Human Rights; Human Rights and Right to Welfare; Constitutional Rights: Fundamental Rights; Directive Principles of State Policy

**UNIT 2: SOCIAL WELFARE AND SOCIAL LEGISLATIONS - I**

Nature and Scope of Social Welfare; Concept of Welfare State; Social Welfare and Social Legislations in India; Social Welfare and Five Year Plans; Bonded Labour Abolition Act, 1976; Equal Remuneration Act, 1976

**UNIT 3: SOCIAL WELFARE AND SOCIAL LEGISLATIONS -II**

Persons with Disabilities Act, 1995; The Juvenile Justice (Care & Protection of Children) Act: 2000; Inter- State Migrant Workmen Act, 1979; SC & ST (Prevention of Atrocities) Act, 1989; Consumer Protection Act, 1986; Child Labour (Regulation & Prohibition) Act, 1986

**READINGS**

1. Brenda Dubois & Karla K. Miley. *Social Work: An Empowering Profession*. Allyn & Bacon: Boston, 2011.
2. Walter A. Friedlander. *Introduction to Social Welfare*. Prentice Hall Inc: India, 1963.
3. K.D. Gangrade, *Social Legislation in India*. New Delhi: Concepts Publishing, 1978. Vol. I & II.
4. GOI. *Child Labour (Prohibition and Regulation) Act*, 1986.
5. GOI. *The Juvenile Justice (Care and Protection of Children) Act*, 2015.
6. GOI. *The Right of Children to Free and Compulsory Education Act*, 2009.
7. GOI. *The Rights of Persons with Disabilities Act*, 2016.
8. Dinah Shelton. *The Oxford Handbook of International Human Rights Law*. OUP, 2015.
9. V.N. Shukla. *Constitution of India*. Lucknow: Eastern Book Company, 2017.
10. United Nations. *Social Justice in an Open World: The Role of the United Nations*. Department of Economic and Social Affairs, 2006.

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(ELECTIVE COURSE-III)**

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## **SWM-2011: SOCIAL WORK WITH OLDER PERSONS**

### **Course Objective:**

1. *Comprehend the theory and concepts related to Older Persons*
2. *Gain insight into the emerging psychological, social and physical needs and problems of older persons*
3. *Knowledge about mental health issues amongst older persons particularly depression and suicide*
4. *Understand the nature of social work interventions with older persons*
5. *Critically analyze various laws, policies, programmes and services available for the older persons*

### **Course Outcome:** *The learner shall be able to:*

1. *Develop conceptual clarity regarding the theory and concepts of older persons*
2. *Apply skills and knowledge in dealing with situations concerning older persons*
3. *Critically evaluate the effectiveness of the various policies and programmes for the older persons*
4. *Analyse the role of government and non-government intervention in dealing with the issues of older persons*
5. *Enhance knowledge regarding the rights and legal entitlements of the older persons*

### **UNIT 1: UNDERSTANDING OLD AGE**

Meaning and Concept of Aged: Demography of the Ageing in India; Psychosocial theories of ageing; Social work interventions with elderly

### **UNIT 2: CONCERNS AND CHALLENGES**

Changing roles, power and status of older persons, Psychological, social, and physical needs and problems of older person, Health and Mental health consequences of ageing: Anxiety, Depression, suicide tendencies and Alzheimer's disease

### **UNIT 3: POLICY, PROGRAMMES AND INITIATIVES**

Rights of older persons and international resolutions; Social security measures, National Policy and Legislative Provisions for the Aged, Schemes for the Welfare of the Aged; Agencies and Institutions for the Care of older persons.

### **READINGS**

1. James Birrena and K Warner Schaie. *Handbook of the Psychology of Aging*. Academic Press: San Diego, 2005.
2. Murlu Desai and S. Siva Raju. *Gerontological Social Work in India: Some Issues & Perspectives*. BR Publishers: New Delhi, 2000.
3. P.V. Ramamurti and D. Jamuna. *Handbook of Indian Gerontology*. Serials Publications: New Delhi, 2004.
4. Arun P. Bali. *Understanding Greying People of India*. Inter India Publications: New Delhi, 1999.
5. Robert H. Binstock, Linda K. George, Stephen J. Cutler, Jon Hendricks, and James H. Schulz. *Handbook of Aging and the Social Sciences*. Academic Press: New York, 2001.
6. Parameswara Krishnan and Kuttan Mahadevan. *The Elderly Population in Developed and Developing World: Policies, Problems, and Perspectives*. BR Publishers: New Delhi, 2008.
7. Mary Marshall. *Social Work with Old People*. Palgrave: London, 1983.
8. S. Irudaya Rajan, Umasankara Misra, and P. Sankara Sarma. *India's Elderly: Burden or Challenge?*. SAGE Publications: New Delhi, 1999.
9. D.Rajgopal Chakraborti. *The Greying of India: Population Ageing in the Context of Asia*. Sage Publication: New Delhi, 2004.
10. P.D. Chowdhary. *Ageing and the Aged: A Source Book*. Inter-India Publication: New Delhi, 1992.
11. Paramjeet Kaur Dhillon. *Psycho-Social Aspects of Aging in India*. Concept Publishing Company: New Delhi, 1992.

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**SWM-2012: ECOLOGY, ENVIRONMENT AND SOCIAL WORK**

**Course Objective:**

1. *Comprehend understanding of the inter-linkages between society and environment*
2. *Understand the role of social work in preserving the environment*
3. *Assess the impending environmental crisis and utilization and management of natural resources*
4. *Evaluate various environmental legislations, policies and programs in India*
5. *Acquire knowledge and skills for practicing environment social work*

**Course Outcome:** *The learner shall be able to:*

1. *Understand the socio-physical processes of environmental functioning*
2. *Explore inter-connectedness between social work profession and environment*
3. *Equip with legal framework to environmental protection*
4. *Develop capacity to design interventions and participate in the process of environmental preservation*
5. *Attain change of attitude and behavior modification towards environment*

**UNIT 1: CONCEPTUAL FRAMEWORK OF ENVIRONMENT AND ECOLOGY**

Ecology, Environment and Society: Concept and their linkages, Environment and Society; Changing patterns- from survival needs to emerging consumerism, Development Processes and their impact on Environment, Climate Change and Global Warming

**UNIT 2: ENVIRONMENTAL ISSUES & CONCERNS**

Environmental Issues and degradation: water, air, forests and wildlife resources and environmental problems pertaining to them, Construction of Dams and its consequences: displacement, relocation and rehabilitation, Deforestation and Ecological Imbalance.

**UNIT 3: ENVIRONMENTAL PROTECTION & SOCIAL MOVEMENTS**

Chipko Movement, Save Forests Movement, Narmada Bachao Andolan, Environment Protection: Forest Conservation Act; Environment Protection Act; Water (Prevention and Control of Pollution) Act; Air (Prevention and Control of Pollution) Act. Social Work intervention in the management, protection and promotion of the environment.

**READINGS**

1. Aggarwal, A. & Narain, S. 1989. *Towards Green Villages: A strategy for Environmentally Sound and Participatory Rural Development*. New Delhi: Centre for Science and Environment.
2. Arnold, J.E.M., & Stewart, W.C. 1991 *Common Property Resource Management in India*. London: Oxford Forestry Institute.
3. Guha, R. 1991. *The Unquiet Woods: Ecological Change and Peasant Resistance in the Himalaya*. Delhi: Oxford University Press.
4. Hoff, M.D. & Mc Nutt, J.G. 1992. *The Global Environmental Crisis: Implications for Social Welfare and Social Work*. Hong Kong: Avebury, Aldershot and Brookfield.--
5. Arnold, David and Ramchandra Guha (eds.), *Nature, Culture, Imperialism; Essays on the Environmental History of South Asia*, Delhi, OUP, 1999
6. Centre of Science and Environment, *The State of India's Environment: the Citizens Reports* Vol. I-IV, New Delhi.
7. Chopra Ravi, *Natural Bounty-Artificial Scarcity, Peoples Science Institute (PSI)*, Dehradun.
8. Dansereau, Pierre, *The Human Predicament 1. The Dimensions of Environmental quality in Human Ecology in the Common Wealth Proceedings of the First Common Wealth Conference on Development and Human Ecology, Malta 18-24, London, Charles Knight and Co. Ltd. P.1.*
9. Coates, J. 2004, *Ecology & Social Work: Towards a New Paradigm*. New York: Paul. Company Public Consortium.